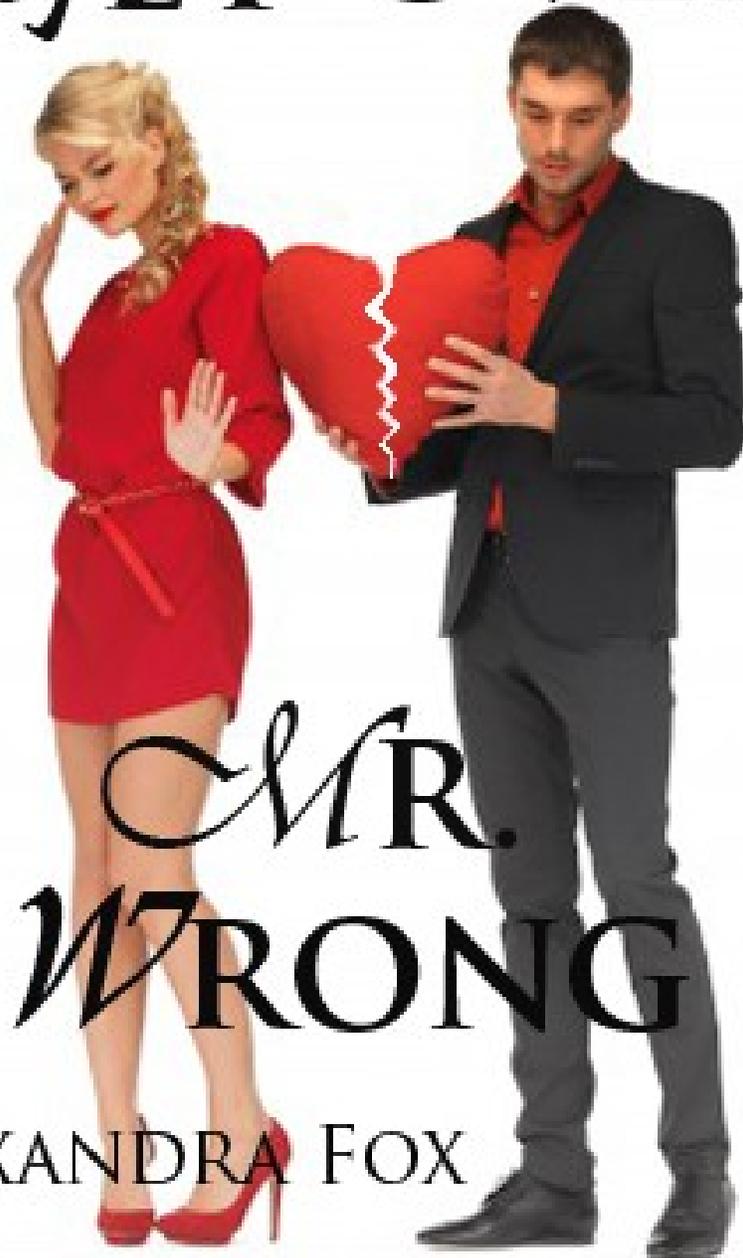


GET OVER



MR. WRONG

ALEXANDRA FOX

Praise For *Unforgettable Woman Publishing*

“Thanks to your e-books and newsletters, I was able to get out of a toxic relationship with an emotionally-unavailable man before I got too attached to him. Now he's married to another woman, and last I heard, he's in a miserable relationship. In the meantime, my new boyfriend and I are one-year strong -- and we're ecstatic about our plans to settle down very soon!”

-- C.S., *United States*

“I used to make crazy decisions because of my desperation for a man. But thanks to your e-books, I'm now living in a fantastic world. Just recently, a lot of cute guys have been glancing at me and approaching me, and I feel really flattered. I love you guys, and words can't express how amazed I am at what I've overcome, thanks to you.”

-- C.B., *Philippines*

“I love your newsletters and e-books. It has helped my relationships with my boyfriend, my friends, and my family a lot. Thank you and more grace!

-- A.O., *Nigeria*

“I'd like to say thank you to Alexandra Fox for all her newsletters and e-books. They never fail to give me a boost of confidence. I used to keep getting into bad relationships with emotionally-unavailable men. But after I joined the *Unforgettable Woman* community, I started attracting more commitment-ready men into my life. Right now, I'm in a long-distance relationship with a man who can't wait to settle down with me. More power to you, Alexandra!”

-- I.J., *France*

“Reading your tips has helped me revive my romance with my man. He can't stop telling me how much he loves me. And now, he wants to be with me long-term. Thank you!”

-- M.A., *Zambia*

“Your e-mails and e-books never fail to make me go into splits of laughter. You are so right! Women should never be needy, clingy, and dependent. Thank you very much for your entertainment and advice!”

-- E.G., *India*

“I love the advice you give. You're absolutely right when you say the more needy you become, the more you push your man away. I'm in a long-distance relationship right now, and the more I enjoy myself, the closer he gets to me. Thank you Alexandra, and may God bless you the same way He blesses us through you!”

-- M.P., *United States*

Get Over Mr. Wrong

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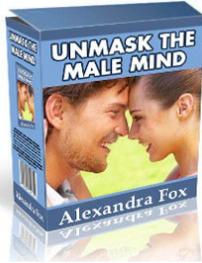
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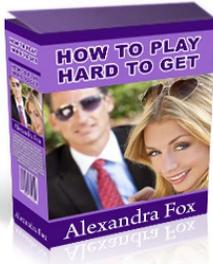
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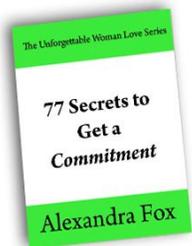
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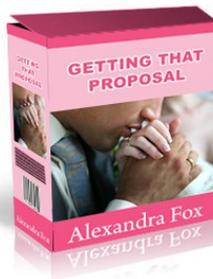
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Part I: The Breakup

Chapter 1:

Why Breaking Up Is Hard To Do

Breakups are never easy-- for men and women alike. Sure, many men can play it off by pretending they are quickly over their ex. Many of them hop right back on the horse (or women in this case) and avoid dealing with their emotions.

But looks can be deceiving!

Men feel the pain just like women do, but having a warm body to soothe them can dull the pain.

It takes time to heal from wounds of the heart. It can't be rushed, so it's best to let nature take its course. Remember to stock up on tissues whenever you're experiencing heartbreak!

Rest assured: your grieving heart will heal and you'll find love again.

In fact, sometimes the best lessons of all are learned from being in the wrong relationship.

I'll give you a break-down of how to navigate through the confusion so that you can find your way to the light of love.

Come take a stroll with me through the chambers of the heart....

2

He Said He Would Never Leave, But He Did

Jenna was dating a man, Bob, she met on an online dating site. He wasn't her first pick of suitors, but he was the only one who continued to ask her out, so she gladly accepted his invitations.

After three months of seeing each other about every week, they got more intimate. Bob would show up with steaks to barbeque at her house and everything seemed to be falling into place in the path of a relationship.

Jenna was slowly warming up to Bob-- he had some great qualities in a man that she admired. But he never gave her the "spark" that other men did.

When Bob asked Jenna how attracted she was to him, she answered him quite honestly. He seemed a bit defeated, but didn't say much.

Until the next day when Bob sent Jenna a text message indicating he wanted out. She asked him to clarify what he meant and Bob wrote back, "You live too far away and I'm a needy guy. Let's take a break."

Jenna was confused, sad and disappointed. She didn't know what she did wrong, after all-- she was trying to be open-minded about trying to date new men. Then she became angry that a man she wasn't really interested in

to begin with actually broke up WITH HER!

Good Breakups End With Love

Breaking up via text message is just lame... Because Bob chose such an under-handed and cowardly approach to breaking up with Jenna, she decided to quit dating men for a while. She thought it was pointless to try the whole "relationship routine" with men who bail for no good reason.

After a while, Jenna realized that it wasn't "all men" that were the problem-- it was her choice of settling that caused the problem.

You can love someone for their good qualities, yet come to the conclusion that they're not right FOR YOU. Jenna didn't see it that way and instead just let Bob make the decision of whether or not HE wanted to be in a relationship.

In the end, Jenna became more selective with her dating choices-- avoiding men that didn't have the qualities she was looking for.

Oh, and if she didn't feel a "spark" by the third date, Jenna wouldn't waste any more time with a man that didn't "do it" for her.

Summary – Secret # 1:

The choice to be in a relationship is one that grows with time and both of you should make the decision of what you want together. Sometimes settling just to be in a relationship can leave you lonelier than being selective from the beginning.

2

Why Surprise Breakups Hurt So Much

"I always like to walk in the rain as no one can see me crying!" -

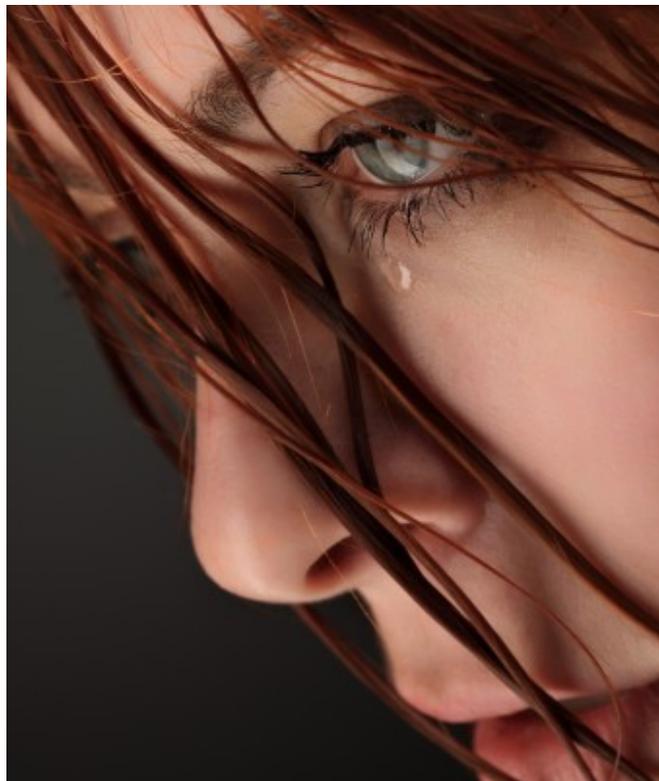
Charlie Chaplin

When it comes to breakups, are you the one to break things off, or are you on the receiving end of the blow?

If you're usually the dumpee (rather than the dumper), the pain of rejection can be traumatizing! Especially if you didn't even see it coming.

Why does it hurt so much to have someone break up with you if you think everything is going just fine?

Simply because when you sense something's wrong, you can mentally prepare for the worst. If a relationship has been sour with lots of friction and bickering, you probably



already thought about ending it yourself-- just to end the negative energy.

But if you think things are great and you're both happy together, the

words "let's take a break" can side-track your emotions like a freight train.

Time To Call For Back-Up

If you do find yourself in a situation where you thought the "love of your life" turns into your worst nightmare by breaking your heart, don't be afraid to call in back-up!

This is the best time to reach out and ask for moral support from friends or family to lend a shoulder to cry on (or ear to listen with). Venting your woes is one of the easiest and fastest ways to get over a breakup.

If your heart aches so much that you lose sleep, can't eat, or feel depressed, schedule a visit with a mental health expert. Therapists are not only sounding boards, but can offer insight to what steps you can take to get over your grieving in a more productive way.

And believe me: any bad feelings you have are only temporary! Don't let a few dark days cloud your view of the sunshine ahead.

Summary – Secret # 2:

Surprise breakups are some of the worst to get over because it sends you in a state of shock. Don't isolate yourself in a time of need and seek out friends or mentors who can steer you toward the light at the end of the tunnel.

3

Breakup By Betrayal-- Worst Breakup Ever!

You see it on TV or at the cinema in dramas and love stories: cheaters. The thing is, they're everywhere-- not just in the movies...

What could be the worst way to end a relationship? How would you feel if the one you love not only surprised you by saying he wants to end things, but you find out later he left you for another woman.... ouch!

Betrayal hurts-- not just emotionally, but physically as well. When you learn that your beloved has been sleeping with some floozy while you were busy waiting for him at home, it can feel like a dagger going through your chest-- straight to your heart.

Not only does it hurt the person who was betrayed, but the trust is forever damaged by an act of infidelity. Some people who have been guilty of cheating claim that if they could take it back, they would.

The problem is, it usually takes losing a relationship to realize what you had and how easily it can be lost with a simple act of "not thinking into the future."

Betrayal Is Never Worth It

Once the damage of betrayal has left its legacy, the repercussions are irreversible. For a few moments of curiosity, lust, and a dopamine rush, most perpetrators are left with a guilty conscience that haunts them-- whether or not they reveal their indiscretions.

The sad part is that people are mostly walking animals filled with hormones that make us feel a certain way. Those feelings of lust are nothing more than your brains way of giving you a rush of happy hormones.

Many people sadly mistake them for "love" and make poor decisions about leaving someone they truly "loved" for the one they had a hormonal rush from.

Love takes time, so remind yourself to take it slow when you feel those urges creeping up. Especially if you're already with someone!

Summary – Secret # 3:

Being betrayed and left for someone else probably takes the cake when it comes to hurtful breakups. When you love someone, you make choices that will either hurt them a little (like breaking up first), or a lot (like cheating). The act itself is hardly ever worth what you lose in the end.

4

Ending A Relationship With Love Is Best For Both Of You

"I love you, but I'm not IN LOVE with you."

Has anyone ever said this to you when they wanted to break things off? It probably hurt to hear it-- a lot.

But guess what? It's one of the kindest ways to end a relationship with both of your dignities in tact. Why? Because ending a relationship with love



will help you start out your next relationship with love.

We all make mistakes when it comes to relationships. Some are forgivable; some aren't. None of

us are perfect, but when a couple falls in love, their good points outnumber the bad so that we can overlook them.

But here's the truth about finding the right one for you: not just anyone can be your mate, as long as you have love in your heart.

Love comes easy for some-- especially if you look at a puppy and gush with immediate infatuation.... am I right?

Yes, there will be men you can admire, or even LOVE during your

lifetime. That doesn't mean you have to live with him.

How Do You Know When To End It?

The thing about having a partner in life is that it takes so much more than tolerance, patience or even LOVE to make things work.

There are many components at play that need to fit into puzzle pieces of your life.

Is he right or wrong for you? Is it time to try again or move on? Getting over the wrong man is difficult if he owned your heart. Click below to get back to the happy, relationship-ready unforgettable woman that you are:

---> [Get Ove Mr. Wrong](#) <---